



“ My doctor in Cranford recommended RMANJ after I had done three rounds of Clomid that didn't work. RMANJ was wonderful to me and my husband through the difficulties of infertility. We were mainly patients of the West Orange office, but found all the staff at both West Orange and Morristown to be wonderful!

I cannot say enough good things about all the aspects and details of my experience, from reception to blood work to my nurse and physician. As far as I'm concerned they are some of the kindest, most compassionate and professional people I have ever encountered in the medical profession. ”

- F.S., NJ

## Helpful Resources



WWW.RESOLVE.ORG



**SOCIETY FOR ASSISTED  
REPRODUCTIVE TECHNOLOGY**

WWW.SART.ORG



WWW.CDC.GOV



WWW.SELECT-CCS.COM



Reproductive Medicine Associates  
of New Jersey

www.rmanj.com   973-656-2089

Basking Ridge | Eatontown | Englewood  
Morristown | Somerset | Summit | West Orange



Reproductive Medicine Associates  
of New Jersey



## Important Questions to Ask About Your Infertility Care

## If you're having trouble getting pregnant, you're not alone

Over seven million men and women in the US are equally impacted by infertility. That's about 12% of the reproductive age population. According to the American Society for Reproductive Medicine (ASRM.org), you should seek the care of a reproductive specialist if you are unable to achieve pregnancy after 12 months of unprotected intercourse and the woman is under the age of 35 and six months if the woman is more than 35 years of age.

If you or someone you know is having trouble getting pregnant or staying pregnant and can answer yes to all or some of the questions below, it might be time to talk a reproductive endocrinologist:

- + UNDER 35 YEARS OLD & ONE YEAR OF UNPROTECTED SEX WITHOUT SUCCESS
- + OVER 35 YEARS OLD & SIX MONTHS OF UNPROTECTED SEX WITHOUT SUCCESS
- + RECURRENT MISCARRIAGE
- + BLOCKED OR MISSING FALLOPIAN TUBES
- + ABNORMAL HORMONAL TESTING (HIGH FSH/LOW AMH)
- + IRREGULAR OR SEVERELY PAINFUL MENSTRUAL CYCLES
- + LOW SPERM COUNT
- + FAMILY HISTORY OF EARLY MENOPAUSE
- + LOW EGG SUPPLY (LOW/DIMINISHED OVARIAN RESERVE)
- + PERSONAL HISTORY OF CHEMOTHERAPY FOR YOU OR YOUR PARTNER
- + FAMILY HISTORY OF GENETIC DISEASES
- + NO SUCCESS AFTER THREE CLOMID CYCLES

## Important questions to consider when searching for a fertility center

Knowledge is power. Not all practices and fertility treatments provide the same results. Doing a little research can have a big impact on your care and chance for success. Consider these questions if you're searching for a fertility practice:

### CAN THE CENTER DIAGNOSE YOUR INFERTILITY NEEDS AND COMPLETE YOUR TREATMENT CYCLE QUICKLY?

- Diagnostic work-up should be completed in 30 days or less

### DOES THE CENTER PROVIDE CARE THAT IS SAFE?

- Limit the number of embryos transferred to one or two in all patients at all times
- Triplet rates should be near zero
- Does the center routinely perform Trophoctoderm embryo biopsy when genetic screening is indicated?

### HOW DO TREATMENT FEES AND OUT OF POCKET COSTS COMPARE FROM CENTER TO CENTER?

- Costs and insurance access should not vary dramatically from center to center
- Are their costs in line with their success rates? Are their fees excessive or discounted too heavily?

### DOES THE CENTER PROVIDE CARE BASED ON YOUR CLINICAL, PERSONAL AND PROFESSIONAL NEEDS?

- Early morning monitoring with physicians
- Open for comprehensive care seven days a week
- Does the center provide care to couples with complex problems or do they use prior screening results to determine treatment eligibility?

### CONSIDERED SCIENTIFIC THOUGHT LEADERS BY THEIR PEERS?

- Does the center consistently publish their research and results in peer-reviewed scientific journals?



### DOES THE CENTER PROMOTE "GIMMICKS" OR PRACTICE EVIDENCE-BASED, STATE-OF-THE-ART MEDICINE?

- Routinely performs genetic screening of embryos using validated technologies
- Embryo culture to blastocyst stage available to most if not all patients
- Frequently performs single embryo transfers while maintaining above average delivery rates
- Accounts for endometrial synchronization during time of embryo transfer

### HAS THE CENTER CONSISTENTLY REPORTED IVF DELIVERY RATES AT OR ABOVE THE NATIONAL AVERAGE?

- IVF success data posted on publicly accessible databases such as the Society for Assisted Reproductive Technology ([www.sart.org](http://www.sart.org)) and the Center for Disease Control ([www.cdc.gov](http://www.cdc.gov))
- Published delivery rates in your age group should be at or above the national average

### DOES THE CENTER PROVIDE THIRD PARTY REPRODUCTIVE SERVICES?

- Are their egg donation and or gestational carrier delivery rates at or above the national average?
- Is the program familiar with the needs of same-sex couples or singles looking to conceive?